

PLEASE STOP ANTIHISTAMINE USE **5 DAYS PRIOR TO ALLERGY TESTING**

- DO NOT STOP ASTHMA MEDICATIONS.
- DO NOT STOP NON-ANTIHISTAMINE MEDICATIONS.
- IF YOU HAVE MAJOR HIVES/SWELLING, DO NOT STOP ANTIHISTAMINE USE.
- DO NOT USE CREAMS, LOTIONS OR OILS ON BACK OR ARMS 24 HOURS PRIOR TO SKIN TESTING.

MEDICATIONS THAT ARE OKAY

- Asthma Inhalers and Singulair (montelukast)
- Birth controls
- Cardiovascular medication
- Plain Sudafed (NO PE)
- Steroid Nose sprays (fluticasone/Flonase, mometasone, triamcinolone, ciclesonide/Omnaris)

COMMON MEDICATIONS CONTAINING ANTIHISTAMINES

Advil PM, Advil Allergy	Promethazine (Phenergan)
Allegra (fexofenadine)	Robitussin Allergy
Astelin/Astepro nasal spray (azelastine)	Sleeping Aids OTC
Azelastine nasal spray	Sudafed Cold/Allergy/PE
Atarax (hydroxyzine)	Theraflu
Benadryl (diphenhydramine)	Trazadone
Brompheniramine	Tylenol PM
Cetirizine (Zyrtec)	Tussionex (chlorpheniramine)
Claritin (loratadine)	Vistaril (hydroxyzine)
Chlorpheniramine	Xyzal (levocetirizine)
Desloratadine (Clarinex)	Zantac (ranitidine)
Dimenhydrinate (Dramamine)	Zyrtec (cetirizine)
Diphenhydramine (Benadryl)	
Dimetapp (Brompheniramine)	
Doxepin	
Excedrin PM	
Famotadine (Pepcid)	
Fexofenadine (Allegra)	
Hydroxyzine (Atarax, Vistaril)	
Levocetirizine (Xyzal)	
Loratadine (Claritin)	
Nyquil	
Olopatadine (Patanase, Pataday)	
Pepcid (famotadine)	
Phenergan (promethazine)	

PLEASE INFORM THE OFFICE IF YOU ARE TAKING ANY OF THE FOLLOWING FOR MOOD DISORDERS, PAIN OR SLEEP AID: Trazodone, Amitriptyline (Elavil), Doxepin, Desipramine, and Imipramine.