

Asthma

Asthma is among the most common of chronic diseases, and one of the most difficult to manage. Despite dramatic advances in diagnosis, treatments and overall management, the incidence of the disease has increased significantly over the years and vast numbers of asthma patients – including a disproportionate number of children – do not receive adequate care to control their disease.

As asthma specialists, allergists have consistently shown that they can provide effective, economical asthma management.

Asthma patients under the care of an allergist have better outcomes at lower cost because of:

- fewer emergency care visits
- fewer hospitalizations
- reduced lengths of hospital stays
- fewer sick care office visits
- fewer days missed from work or school
- increased productivity in their work and personal lives
- greater satisfaction with their care
- an improved quality of life

In addition, early diagnosis and aggressive care of asthma can prevent the scarring, irreversible lung disease and disability that may result from under-treated asthma.

This report reviews the current state of asthma care, its economic consequences, widely accepted standards of care and studies that demonstrate the superior outcomes of allergist-provided care.